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Sensei Winston Guasch Visits the Warriors for Peace Academy

Winston Guasch Sensei has long been dreaming to visit Bacolod City ever since Sensei Noel left his dojo in Manila in 1999. He has heard a lot about Bacolod, the sugar industry, the hospitable people you could meet when shopping or just strolling around the city and most of all the chicken inasal. Sensei Noel is the student of sensei Winston at SM Mega Mall dojo. Sensei Winston has been a dedicated teacher and a friend to all of his students as well to other senseis.



Last June 2008, Sensei Winston was invited by Sensei Noel to share his expertise in Aikido to the academy participants/trainees. But prior to this event, Sensei Winston himself had already verbalized his interest and willingness to visit the Warriors for Peace program after a series of informal discussions between him and Sensei Noel during the Yamada Shihan seminar in Manila last November 2007.

This visit was in line with the training of the Warriors for Peace participants of becoming future trainers and for them to experience first hand aikido instruction from a guest Aikido sensei.

The participants were amazed on the gracefulness and the power of Sensei Winston's movements as well as the proper execution of techniques.

The techniques taken up were very basic and yet considered new and somehow advanced and complicated by some of the participants. He shared about his personal training and experiences in his Aikido life.



He was full of admiration for the Warriors for Peace program for its advocacy more especially for using the aikido approach to address conflict in its projects.

Sensei Winston only stayed for three (3) days in Bacolod but he was able to give the participants new insights about Aikido. On his part, he had so much to share given that very short time. Upon hearing his statement and intent of visiting Warriors for Peace, the organization promised him that he surely will be invited again.